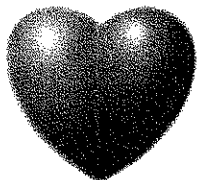


## Elementary School Lunch Menu - February 2012

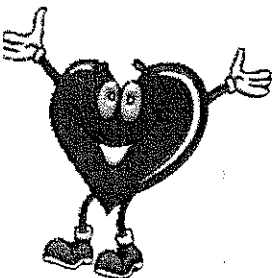
Lunch always includes a choice of milk and a variety of condiments. Menu is subject to change. Elementary School Lunch Prices: \$1.95 or \$0.40



Try making your heart happy this month by eating nutritious foods and engaging in regular physical activity. List 3 things you plan on doing to make your heart happy this month:

- 1.
- 2.
- 3.

<p>6</p> <p><b>257 Hot Dog with Tri-Taters</b> 717 Mixed Vegetables 753 Orange Juice 907 Wheat Hot Dog Bun 911 Apple Oatmeal Bar</p>	<p>7</p> <p><b>223 Crispy Chicken Tenders</b> 715 Corn 315 Apple Raisin Toast 752 Fruit Juice Blend</p>	<p>8</p> <p><b>290 Spaghetti with Meatballs</b> 711 Green Beans 909 Italian Breadstick I</p>	<p>9</p> <p><b>224 Popcorn Chicken with Potato Smiles</b> 700 Bagged Carrots 906 White Bread</p>	<p>10</p> <p><b>261-263-268 Pizza Choice</b> 602 Tossed Salad 670 Fresh Fruit 927 Animal Crackers</p>
<p>13</p> <p><b>PIZZA CHOICE</b> 711 Green Beans Animal Crackers Fresh Fruit</p>	<p>14</p> <p><b>214 Chicken Nuggets With Hash Browns</b> 683 Tropical Applesauce 906 White Bread 937 Valentine Holiday Cookie</p>	<p>15</p> <p><b>316 French Toast with Sausage</b> 697 Bagged Apples 753 Orange Juice</p>	<p>16</p> <p><b>225 Chicken Tenders with Potato Smiles</b> 712 Corn &amp; Carrots 749 Apple Cherry Juice 904 Wheat Bread</p>	<p>17</p> <p><b>200 Hamburger OR 201 Cheeseburger</b> 717 Mixed Vegetables 602 Tossed Salad 900 Hamburger Bun 989 Graham Cracker</p>
<p>20</p> <p>NO SCHOOL President's Day</p>	<p>21</p> <p><b>214 Chicken Nuggets With Hash Browns</b> 711 Mixed Vegetables 752 Fruit Juice Blend 310 Corn Bread Loaf 927 Animal Crackers</p>	<p>22</p> <p><b>255 Cheese Stuffed Breadsticks</b> 682 Marinara Dipping Sauce 681 Grape Giggles 749 Apple Cherry Juice  Ash Wednesday</p>	<p>23</p> <p>POPCORN CHICKEN with POTATO SMILES 700 Bagged Carrots 906 White Bread</p>	<p>24</p> <p><b>261-263-268 Pizza Choice</b> 602 Tossed Salad 670 Fresh Fruit 912 Oatmeal Chocolate Chip Bar</p>
<p>27</p> <p>French Toast with Sausage 687 Rosati Italian Ice Fresh Fruit Fruit Juice</p>	<p>28</p> <p><b>200 Hamburger OR 201 Cheeseburger</b> 715 Corn 699 Mixed Fruit Applesauce 900 Hamburger Bun 911 Apple Oatmeal Bar</p>	<p>29</p> <p><b>225 Chicken Tenders w/Potato Smiles</b> 717 Mixed Vegetables 752 Fruit Juice Blend 904 Wheat Bread</p>	<p>March 1</p> <p><b>POPCORN CHICKEN with POTATO SMILES</b> 602 Tossed Salad 750 Apple Juice White Bread</p>	<p>2</p> <p><b>255 Cheese Stuffed Breadsticks</b> 682 Marinara Dipping Sauce 670 Fresh Fruit 991 Oatmeal Cookie</p>



Nutritional Development Services  
Archdiocese of Philadelphia

222 North 17th Street  
Philadelphia, PA 19103

215-895-3470  
www.ndsarch.org

Contact: Anne Ayella

### PLEASE READ CAREFULLY

Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness.

The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item.

Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which information has been provided by the supplier of the food item. To request product information please call 215-895-3470 during normal business hours.